



Issue #1

MID IDLAND AREA PROGRAM NEWLETTER

District Program Advisers

Let me introduce myself. My name is Joyce Wenner and I am your new MIA Program Adviser. I have been a Girl Guide member for over 35+ years and a leader for Sparks, Brownies and Guides plus a former District Commissioner. I am married with 2 daughters both who are Guiding members and work with Sparks units.

As they say -Nothing like jumping in with both feet and with that I am sending out what I hope to be a quarterly newsletter to help you with items for your district program. With the new Guide program now on board this fall, and Pathfinders on the horizon to make its appearance in 2007, it is going to be a very exciting couple of years. If you have any questions or ideas that you would like to share with your fellow Advisers please don't hesitate to email or write me. We need to share ideas and thoughts if we are to make the guiding program thrive.

Calling all Leaders:

This year I am asking one thing of you all. I am challenging **all leaders** in the MIA to submit one Branch Specific Meeting Plan idea that can be shared with all units. Please keep in mind that the special activities we do with our girls is what makes them come back week after week. Send with your Name, District and Unit #. Specifics of the plan to include:

1. Level of Guiding to use program
2. Theme for meeting
3. Goal for meeting
4. Program Area covered- specify page # in the leaders handbook for Sparks and Brownies and girls handbook for Brownies, Guides and Pathfinders.
5. Activities: craft, game, song, dance, drama, outing, campfire, etc
6. Materials needed
7. Closing

Please submit this as a Word document, so I can correlate and make a resource booklet that can be given back to you all. Deadline for submissions is March 1st 2006. and all entries will be eligible for a draw for 1 crest for each member of your unit.

Challenges: As you all know there are several challenges and all the information on them is posted on the National and BC Websites. I challenge your district to have **each unit** complete at least one of these this year.

Just a reminder that the MIA Edith Duncan Challenge is ongoing for Girl Guides. This challenge is a real bargain with both the work booklet and crests available free from the Guide Shop. Please hype this with your units.

Safe Guide: It's Easier than Ever to Bring a Friend or Parent: *Safe Guide*

Have you seen the new amendments to *Safe Guide* that came out on August 2? It's now easier than ever to include guests for your Bring a Friend nights or to invite parents to enrolment ceremonies or other Guiding activities.

- **For Level 1 activities**, when an OA.1 is not required, guests only need to provide you with emergency contact information and pertinent health information (e.g., allergies). No OA.1 or Health Form is required.
- **Parents attending with their girls?** – No problem. For Level 1 and some Level 2 activities, if the parent is attending with their own daughter, no OA.1 is required.

So, before you say no to the girls bringing a friend or decide not to plan the family skate-a-thon, check the most up-to-date version of *Safe Guide* and look under Section 4.B: Communication and Permission Documentation with Parents. You can view the updated *Safe Guide* in the Resource Centre at www.girlguides.ca.

Song:

Sister Guides

[Tune: Edelweiss] (*Source: Internet*)

Sister Guides, sister Guides
We are thinking about you
'Round the world flags unfurled
Always ready to greet you
Promise and Law may we aim to keep
Standards higher and higher
In this way may we say
May God's blessing surround you.

LONES: Just to advise you all that we have 2 Lones in Mid Island Area: Please think about inviting them to your functions or special events.

- | | |
|---------------------------------------|---|
| 1. Sarah Archer PathF. Cobble Hill | email: philarcher@shaw.ca |
| | phone: 743-3401 |
| 2. Michelle McAulay Sr.Br. Lantzville | email: m.i.s.h.@hotmail.com |
| | phone 468-9710 |

When you are enjoying all the special treats of the holidays please don't forget the less fortunate. Every Food Bank needs help and donated nonperishable food.

Here are some examples of needed items:

| | | | |
|---|---------------|-------|-------------------|
| Canned meats | Baby formula | Rice | Canned vegetables |
| Dairy products—including liquid and powdered milk | | | |
| Macaroni and cheese | Canned fruit | Stews | Canned fish |
| Pasta sauce | Peanut butter | Soups | Crackers |

Crafts: Cinnamon Christmas Ornament

Warnings: Do not eat; this is an ornament purely for decoration.

You Will Need: 1 mixing bowl

Rolling pin Board or surface to roll dough on
Cookie cutters Fine ribbon or string

1 toothpick

Ingredients: 1 c ground cinnamon 1 tbsp ground cloves
1 tbsp ground nutmeg 1 tbsp ground ginger
1 c drained applesauce 2 tbsp white craft glue

Flour

Instructions

1. Combine the cinnamon, cloves, nutmeg and ginger into a mixing bowl.
 2. Add the applesauce and the glue.
 3. Work in all the ingredients with hands until ingredients are mixed thoroughly.
 4. If desired, divide into sections and mix food dye.
 5. Roll out dough mixture on a floured surface to approximately ¼ inch thickness.
 6. Cut dough with cookie cutters.
 7. Make a hole at the top of the ornament.
 8. Lay out flat to dry in room temperature for several days.
 9. When completely dry, thread ribbon or string through the hole of the ornament.
- Tip: Drop some food dye into mixture for a variety of festive colours.

Program Items: Science Experiments: — for Science and Technology Challenge

Make It Rain (taken from the Internet)

Materials Needed

- ☺ large, wide-mouth container, such as a mayonnaise jar
- ☺ Hot water ☺ Ice cubes
- ☺ Small plate to hold ice cubes

Method and What Happens:

- A. Pour two inches of very hot tap water into the glass container and cover with the plate. Allow water to sit for a few minutes.
- B. Place ice cubes on the plate.
- C. Watch what happens.

Why:

The cold plate causes the moisture in the warm air to condense and form water droplets. This is the same thing that happens in the atmosphere as warm, moist air rises and meets colder temperatures high in the atmosphere. Water vapour condenses and forms precipitation that falls to the Earth as rain, sleet, hail, or snow.

Science Experiments cont.

Ice Fishing (taken from “More Instant Meetings for Sparks”)

Materials Needed:

- ☉ 15 cm string (thread will work)
- ☉ Glass of cold water
- ☉ Table salt
- ☉ Ice cube

Method

- A. Put the ice cube in the glass of water.
- B. Place one end of the string over the top of the ice cube
- C. Sprinkle some salt over the string and ice cube.
- D. Count to 10
- E. Gently lift the ice cube out of the water.

What Happens and Why

Salt makes the ice melt and the string can sink into the ice cube a little. Because the ice is still cold it freezes again, trapping the string.

I look forward to meeting you all soon and please feel free to contact me at joycewenner@shaw.ca or [250]753-7479.

I would also like to take this opportunity to wish you all a very Merry Christmas and a Happy New Year.

YIG

Joyce

MIA Program Advisor

Pathfinder Scavenger Hunt

(taken from the Internet and it was created by Wendy Baker and Nancy Kelly)

Here are some questions the girls should be able to find the answers for, they are all in their Pathfinder Program Book.

1. Where would you find menu planning for camp form?
2. Your Pathfinder record is on Pages 93 and 94. What challenge does this cover?
3. What are "Colours"?
4. Find the definition for "Guides Own".
5. Can you find a picture of the Guide sign?
6. Why was the name Pathfinders chosen?
7. One of the Guiding Principles is "Guiding values the nature environment". Which Guide law challenges correspond to this principle?
8. How are Pathfinder challenges evaluated?
9. Is a uniform essential for enrolment?
10. What insignia that you earned in Guides can you wear on your Pathfinder uniform?
11. What colour socks do Pathfinders wear with official uniform?
12. What symbol is related to water conservation and preservation?
13. How many different emblems are in the pathfinder Program?
14. Name the order of the colours around the outside of the challenges.
15. Under guiding terms and Words, what is "Canadian Guider"?
16. What is "Link"?
17. Find a picture of a Pathfinder wearing a uniform skirt.
18. Find Roberta Bondar's quote under the Leadership emblem.
19. Name two of the five requirements for enrolment.
20. What is a Citizenship Certificate?
21. How old do you have to be to start working on your Duke of Edinburgh Award?
22. What is the ultimate award a young woman can earn as a member of Girl Guides of Canada before becoming an adult?
23. How many challenges do you need to earn in the Be Prepared emblems in order to obtain your Canada Cord?
24. What page has a picture of a Pathfinder and a fire extinguisher?