



In Touch

A Joyce Lonsdale District Newsletter

May 2008

Commissioner's Note



Well it looks as if Spring is upon us, finally !! Time to get those units out camping and hiking! And please, don't forget your paperwork - due diligence is the key to our Girl Guide insurance!!

Many changes are in the air as we finish off another Guiding year. Some Guiders are staying, some not.

I ask that you make sure your parents know this, and put in your plug for new Guiders. That is all how we started, isn't it?

No one should feel guilty if a Unit doesn't run without Guiders, no one should HAVE to run two units. I feel very fortunate to have the great Guiders that our District has - we don't need to burn you out!!

Coming Events



Guider BBQ

June 16, a Monday night, we will have a Guider BBQ at Barb's house in Crofton. Thanks to Barb for offering her home and patio (sun, did you hear that?) District will purchase a box of chicken breasts and provide drinks, and I ask that the following be brought for all Guiders to share!

And don't forget your dish bag!!

- CROFTON LADIES -salads?
- LADYSMITH LADIES - desserts?
- CHEMAINUS LADIES - 'appies" ?

If you have a special gift or award you wish to present that night, please let me know - so I can make time for that.

Bring your cameras!!

District Dance

Friday June 13
Crofton Community Centre
We're going Mexican this year.

More info to come as we get it.



Unit Updates



Sparks

The Chemainus Sparks have been keeping busy finishing up their Being Healthy keeper and their Community keeper. They learned all about eating healthy and exercise and enjoyed a visit to the Post Office to learn about mail. Earth day was celebrated with a yummie dirt cup snack and learning about going green.

On May 1st they joined forces with the Chemainus Brownies and went with Zoe



on a trip to New Zealand & Trinidad via the Ladysmith pool. They all had a great time.

They have also made a trip to Brazil and held a mini Carnival. They are hoping to finish up the year with a Dinner & a Movie night at the beginning of June.



The Ladysmith Sparks have been keeping busy working on their Exploring & Experimenting keeper and had a great time making musical instruments.

In March they had a visit from Lindsay of Nanaimo Recycling and made those very yummie edible aquifers. They also enjoyed the District Skate.

In April the Sparks continued to work on their keepers and enjoyed their meeting with the Brownie Unit.

They are hoping to have a wrap-up sleepover at Jumping Jimminies in June and can't wait to dress their Mexican best for the year end dance.

District Camp

Fall 2008



Dr. Seuss



We're having a party! It's plain as can be!
I want you to celebrate with me!

The Cat will be there along with the Fish,
Horton & Sam, the 2 Things and we wish
That you would come too! We'll have much more fun!
We'll play in the rain....we'll play in the sun!

So get in your Who-train: Sept. 26-28 2008
Start making tracks: 630 pm arrival on Friday
Meet us all at the Prairie of Prax: Camp Creina



All the info will be ready for your parents come the Fall. I will do the paperwork and have permission forms as well.

Guider Recognition

Congratulations to the following for their accomplishments.

New Baby:

Congratulations to Amber Rocque and family on the birth of their new baby girl. A future guider I'm sure.



Birthdays

May wishes to Clover Burgess, May 4th and Brenda Douglas, May 30th

Happy Birthday to all those in May & June that I have missed.

Happy Mothers Day

Special wishes to all of our special Mom's.

Guess the Guiders

Submitted by: Laurie Douglas

Mystery Guider 1

This Guider is a teacher. She has a daughter & son and her mother was also a Guider.



Mystery Guider 2

This Guider has two daughters, both are involved in guiding. She is in the insurance biz.

Mystery Guider 4

This Guider has no daughters and has been a Spark, Brownie, Guide & Pathfinder Guider.

Mystery Guider 3

This Guider has been involved for almost 20 years. She loves to take her dog for a walk and can be seen doing so.

Mystery Guider 5

This Guider works at a bank and is a Brownie Guider.

Email your answers to Trina trinalambert@telus.net. Prizes will be awarded at our next meeting.



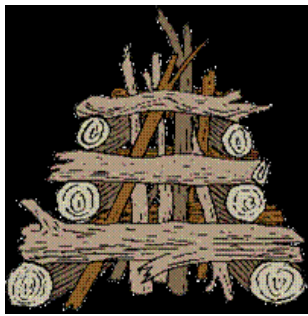
Laying + Lighting a Perfect Campfire

Courtesy of United Kingdom Guiding <http://www.guidinguk.com/>

First of all,

collect plenty of firewood: this needs to be as dry as possible, but it doesn't matter if it isn't completely bone dry. Sort the logs by size - to build a decent campfire you will need 10 or 12 large logs (4+ inches diameter, about a yard long - the exact size doesn't matter) for the framework of the fire, plus lots of thinner wood to stack and stuff it.

Select a suitable site for your fire, preferably on hard bare ground, certainly well away from inflammable materials, dry grass etc. - recognized Guide or Scout sites will usually have a designated campfire circle. Stack the larger logs into a pyramid, alternating the logs two by two and starting with the biggest at the bottom and sloping the sides inwards (see diagram.) When your framework is as high as you want it, give it a good shove to make sure it is stable - you want the wood to collapse INWARDS as it burns but just in case, it is a good idea to construct a safety ring of rocks or logs outside the fire and a little way away, to trap any errant logs which try to escape.



Begin to insert long thinner branches

downwards into the heart of the pyramid - at this point it is a good idea to smuggle in some previously home-made fire starters and dry kindling. Continue filling the pyramid with smaller branches and twigs, then finish it off by lightly stuffing any cracks around the bottom of the fire with DRY newspaper or any available dry paper, cardboard etc. from food wrappings (save it up as your camp progresses.)

Now cover it with a groundsheet or large piece of plastic sheeting and weight the corners of the sheet with rocks or logs; you don't want a sudden downpour all your hard work. If you want your fire to last, you may want to collect wood and construct a woodpile to replenish the fire - make it away from the circle and out of the way of stray sparks, you don't want TWO campfires on the site. You must also have a fire bucket (full of water!) handy - or two, one on each side of the fire.

You don't want two campfires!!

When the time comes, you will need to light the fire on the windward side so the flames blow into the heart of the fire. Don't try to do this directly with an ordinary match : make yourself a "giant match" by tying a firelighter or something guaranteed to burn onto a LONG green stick, light this and use it to light the paper at the bottom of the fire and insert the "match" well into the heart of the fire and leave it there. Providing you have constructed the fire with plenty of dry wood and spaces for air to enter, it should blaze away merrily for quite some time. Keep it going by adding logs from time to time, although if you intend cooking in the embers the original fire should be sufficient and will provide charcoal that will continue to glow well into the night.

Glow well into the night!

Finish off your fire lighting ceremony by a suitable reading, or singing a round such as "Campfire's Burning..."

Camp fire's burning, camp fire's burning,
Draw nearer, draw nearer,
In the gloaming, in the gloaming,
Come sing and be merry.

Camping

Submitted by: Connie Paradis



Safe Guide Forms made easy:

Level 1 (meetings)

- A.5 (registration)
- RA.1 (risk assessment checklist)
- H.1 (health form)
- OA.5 (emergency response plan)
- IR.1 (image release)

Level 2 - field trips away from meeting place, sleepovers <18 hours and only 1 meal

In addition to the above:

- C.2a (activity authorization)
- OA.1 (parent/guardian info/permission form) strongly recommended
- OA.5 (emergency response plan)
- girl list/contact #, itinerary, communication plan for leaders, home contact person info; other info water & adventurous activities

Level 4 and water or adventurous activities

- check SG for additional assessment and resulting forms

Level 3 - camps, trips etc. that aren't assessed at Level 4

In addition to the above:

- required forms after event
 - C.2b (activity report)
- useful forms for first aid and guider in charge
 - OA.2a (medication record)
 - OA.2b (first aid treatment record)
 - INS.01 (incident report)
- additional forms based on circumstances
 - C.8 (release, waiver and assumption of risk)
 - OA.4 (expectations for participation)

Safe Guide Procedure

Meetings/Events/Activities/Sleepovers/Camps:

- 1) Assess Risk Level using Risk Assessment Checklist RA.1
- 2) Read your assessed Risk Level Section (either Level 1,2,3 or 4)
- 3) Check assessed Risk Level on Safe Guide Forms Table to see what forms are required.
- 4) Complete all forms then obtain required signatures BEFORE activity/event:
 - Level 2 - Commissioner only
 - Level 3 or higher Commissioner and Camp Advisor
- 5) Hold event/activity/camp - have LOTS OF FUN, complete and file required documents.



District Camp Dates

Area Locomotion Camp
 More Seaside Fun
 Let's Camp S'More
 District Seuss Camp

S to PF	May 9-11	Seven Springs
B,G,PF	Aug. 3-9	Camp Olave
Guides & New Guiders	Oct. 24-26	BC Wide
All levels	Sept. 26-28	Camp Creina



Your Camp Advisor Team

Catherine Fritsch mannyandcath@shaw.ca
 Elizabeth Berry 245-3549
 Connie Paradis 246-2478 cwparadis@shaw.ca

Need anymore info, please contact us!

Mother's Day Humor

Child Sent to Bed

A small boy is sent to bed by his mother...

[Five minutes later]

"Mom..."

"What?"

"I'm thirsty. Can you bring me a glass of water?"

"No. You had your chance. Lights out."

[Five minutes later]

"Mom..."

"WHAT?"

"I'm THIRSTY...Can I have a glass of water??"

"I told you NO! If you ask again I'll have to spank you!!"

[Five minutes later]

"Momm..."

"WHAT?!!!"

"When you come in to spank me, can you bring me a glass of water?"

Things Mom Would Never Say

- "How on earth can you see the TV sitting so far back?"
- "Yeah, I used to skip school a lot, too"
- "Just leave all the lights on ... it makes the house look more cheery"
- "Let me smell that shirt -- Yeah, it's good for another week"
- "Go ahead and keep that stray dog, honey. I'll be glad to feed and walk him every day"
- "Well, if Rahul's mamma says it's OK, that's good enough for me."
- "The curfew is just a general time to shoot for. It's not like I'm running a prison around here."
- "I don't have a tissue with me ... just use your sleeve"
- "Don't bother wearing a jacket - the wind-chill is bound to improve"

It's Time to go to School

One early morning, a lady went in to wake up her son. "Wake up, son. It's time to go to school!"

Son: "But why Mom? I don't want to go."

Mom: "Give me two reasons why you don't want to go."

Son: "Well, the kids hate me for one, and the teachers hate me, too!"

Mom: "Oh, that's no reason to not to go to school. Come on now and get ready."

Son: "Give me two reasons why I should go to school."

Mom: "Well, for one, you're 52 years old. And for another, you're the Principal!"

Links

Laurie Douglas
Area Website
National Web
Provincial Web

laurie67@telus.net
www.midislandgg.com
www.girlguides.ca
www.bc-girlguides.org



Dates to Remember

Mon. May 26
Fri. June 13
Mon. June 16

District Meeting - CH
District Dance
Guider Wrap-up

Editor:



Desktop
Designs
by trina lambert

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